YRC ACTIVITIES OF TRINITY COLLEGE FOR WOMEN, NAMAKKAL

FOR THE MONTH OF AUGUST 2023

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| S.No | Date | Name of the Programme | Title of the Programme | Name & Designation of the Resource Person |
| 01 | 04.08.23 | Observation of World Breast Week (August 1 to August 7), | "Why is breast milk so important for healthy babies?" | Dr. M. Malliga Kulandaivel, Director, Thangam Hospitals and Cancer Centre, Namakkal, and President, Women's Doctor's Wing, West Zone |
| 02 | 14.08.23 | Celebration of International Youth Day – (12.08.23) | Theme, history and importance of International Youth Day –  (சர்வதேச இளைஞர் தினம் – அடிப்படை, வரலாறு –முக்கியத்துவம்) | Mrs. V. Gayathri,  Assistant Professor in Computer Science, Trinity College for Women, Namakkal |
| 03 | 14.08.23 | Observance of Geneva Conventions Day  (12.08.23) | Geneva Conventions – Summary –  (ஜெனீவா உடன்படிக்கை குறித்த ஒரு தொகுப்பு) | Mrs. J. Evangelin,  AP in English  Trinity College for Women, Namakkal |
| 04 | 14.08.23 | Observance of World Organ Donation Day (13.08.23) | Donate Organ – Save Lives –  (உறுப்பு தானம் செய்வோம் -உயிர்களை காப்பாற்றுவோம்) | Mrs. V. Sowmiya,  AP in Nut. & Diet  Trinity College for Women, Namakkal |
| 05 | 15.08.23 | Independence Day Celebrations | Flag Hoisting Function | Flag Hoisted by  Er. K. Nallusamy,  Chairman  Trinity College for Women, Namakkal |
| 06 | 17.08.23 | Swachch Bharat Mission | Swachch Bharat Abhiyan – Cleaning the College campus | By the YRC volunteers |
| 07 | 19.08.23 | Observance of World Humanitarian Day (18.08.23) | World Humanitarian – A wrap up –  (உலக மனித நேயம் - ஒரு கண்ணோட்டம்\_ | Mrs. B. Kavitha,  AP in Physics,  Trinity College for Women, Namakkal |
| 08 | 28.08.23 | Financial Literacy Programme | Fake Financial Institutions in India – An alarm  (இந்தியாவில் போலி நிதி நிறுவனங்கள் குறித்த ஒரு எச்சரிக்கை) | Mrs. G. Kokila,  AP in Commerce,  Trinity College for Women, Namakkal |
| 09 | 29.08.23 | Disaster Management Programme | The subtlety of facing the natural calamities –  (இயற்கை பேரிடர்களை எதிர்கொள்ளும் ஒரு நுணுக்கம்) | Dr. T. Geetha,  AP in Tamil,  Trinity College for Women, Namakkal |
| 10 | 30.08.23 | Observance of International Missing Persons Day | Missing Indian Girls – Problems and  Solutions?  (காணாமல் போகும் இந்திய சிறுமிகள் - பிரச்சனைகளும் தீர்வுகளும்) | Dr. S. Jeyanthi,  AP in Mathematics  Trinity College for Women, Namakkal |

Observation of World Breast Week

Due to World Breast Week (August 1–August 7, 2023), the service clubs of the National Service Scheme, Youth Red Cross, Red Ribbon Club, Trinity Women's Forum, and Unnat Bharat Abhiyan Cell, Trinity College for Women, Namakkal, conducted a programme entitled "Why is breast milk so important for healthy babies?" on August 4, 2023 (Friday) at 10 a.m. On this subject, Dr. M. Malliga Kulandaivel, Director, Thangam Hospitals and Cancer Centre, Namakkal, and President, Women's Doctor's Wing, West Zone, was the special invitee. A new-born baby depends only on breastfeeding; it is essential for breastfeeding mothers to pay more attention to their healthy foods and drinks, she said.

There is no spoiling of beauty for mothers because they breastfeed their babies. It is important for babies for immunity power, she indicated.

Mrs. Aruna Selvaraj, Executive Director; Dr. M.R. Lakshiminarayanan, Principal; Dr. Arasuparameswaran, Director-Academic; the NSS Programme Officers Dr. M. Sasikala and Mrs. S. Jayamathi; the Coordinators of Trinity Women's Forum Mrs. N. Thangamani and Dr. N. Santhi; the RRC Programme Officer Mrs. V. Gokila; the YRC Programme Officer Mrs. Kalaivani; the Coordinator of Unnat Bharat Abhiyan Cell Mrs. S. Hemalatha; and also all the final year students took part.

 Celebrations of International Youth Day: August 12th–2023

On account of the observation of International Youth Day (12.08.2023), the Youth Red Cross of Trinity College for Women, Namakkal, conducted the programme entitled "Theme, history, and importance of International Youth Day" (சர்வதேச இளைஞர் தினம் - அடிப்படை வரலாறு மற்றும் முக்கியத்துவம்) on August 14, 2023.

Mrs. V. Gayathri, Assistant Professor in Computer Science, Trinity College for Women, Namakkal, was the resource person. She explained the concept, history, antiquity, and significance of International Youth Day. The future of India is in the hands of the youth. Each and every young Indian should use their energy only for creative things, she said. More than 150 students benefited from this programme. Mrs. V. Kalaivani, YRC Programme Officer of the College, made arrangements.

Observation of Geneva Conventions Day: August 12, 2023

Owing to the observance of Geneva Conventions Day (12.08.2023), the YRC of Trinity College for Women, Namakkal, conducted a programme on 14.08.2023. Mrs. J. Evangelin, Assistant Professor in English, Trinity College for Women, Namakkal, spoke on the topic of "Geneva Conventions – Summary" (ஜெனிவா உடன்படிக்கை குறித்து ஒரு தொகுப்பு).   The Geneva Conventions dictate how prisoners of war should be treated with humanity. This convention also insists that, after the completion of the war, all the prisoners should be released from their custody. In addition, do not use violence against them. She pointed out that because of this Geneva agreement, the humanities are served. More or less 100 volunteers from YRC attended that programme. Mrs. V. Kalaivani, Programme Officer, YRC, welcomed the gathering. Mrs. G. Kannagi, Assistant Professor and Head, Department of English, proposed the vote of thanks.

Celebration of World Organ Donation Day: August 13, 2023

On August 14, 2023 (World Organ Donation Day, 13.08.2023), World Organ Day was celebrated on the campus of Trinity College for Women, Namakkal. Mrs. V. Sowmiya, Assistant Professor in Nutrition and Dietetics, Trinity College for Women, Namakkal, was the resource person, and she talked about the history, significance, and procedures involved in organ donation. In our country, more than 5 lakh people are waiting for organ transplants. However, unfortunately, many human beings and their human organs are wastefully buried in this soil without being useful to anyone. Also, she indicated that there is awareness among people on this subject. This programme was organised by the Youth Red Cross of Trinity College for Women, Namakkal. More than 100 students from the college participated.

Celebration of the 77th Independence Day

The 77th Independence Day was enthusiastically celebrated at Trinity College for Women, Namakkal, on August 15, 2023, on the college campus with Er. K. Nallusamy, Chairman; Er. S. Selvaraj, Secretary; Mrs. Aruna Selvaraj, Executive Director; Dr. M.R. Lakshiminarayanan, Principal; Dr. Arasuparameswaran, Director, Academic; various heads of the departments; and volunteers from NSS, YRC, and RRC.

On this special occasion, the programme started with a flag hoist by the Chairman. The Chairman addressed the meeting, inviting them to their nationalistic spirit and advising them to take pride in being Indians and carry out their duties with responsibility.

The principal emphasised the role of youth on this very day as the true wealth of a country.

This programme was arranged by the NSS Programme Officers Dr. M. Sasikala and Mrs. S. Jayamathi, the RRC Programme Officer Mrs. V. Gokila, the YRC Programme Officer Mrs. V. Kalaivani, the Physical Director Mrs. V. Archana, and the Administrative Officer Mr. N.S. Senthilkumar. This programme was compiled by Dr. B. Vishnupriya, Assistant Professor in Tamil.

 Swachh Bharat Abhiyan: August 17, 2023

The Youth Red Cross of Trinity College for Women, Namakkal, organised a mega cleanliness drive under the Swachch Bharat Abhiyan on August 17, 2023. The cleanliness drive started with an interactive session of youth Red Cross volunteers with the programme officer, Mrs. V. Kalaivani. All the volunteers of the Youth Red Cross have cleaned the college campus. They removed the plastic, polythene bags, and waste papers from the campus. Nearly 100 volunteers from YRC took part in the college campus cleaning work.

Observance of World Humanitarian Day (18.08.23)

The YRC of Trinity College for Women, Namakkal, celebrated World Humanitarian Day on August 18, 2023. Mrs. B. Kavitha, Assistant Professor in Physics, Trinity College for Women, Namakkal, talked about the topic of "World Humanitarian: A Wrap Up" (உலக மனித நேயம் - ஒரு கண்ணோட்டம்) on August 18, 2023.

Humanity means helping others whenever needed. In recent days, humanity has declined among our people. Helping others is the greatest amusement. We must help others. It is service to our God, she indicated. More than 100 students from YRC took part.

Financial Literacy Programme: 28.08.23

The Youth Red Cross of Trinity College for Women, Namakkal, organised a financial literacy programme on August 28, 2023.

Mrs. G. Kokila, Assistant Professor in Commerce, Trinity College for Women, Namakkal, delivered on the topic of "Fake Financial Institutions in India: An Alarm (இந்தியாவில் போலி நிதிநிறுவனங்கள் குறித்த ஒரு எச்சரிக்கை). Many investors have been affected by fake financial institutions in various ways. Because of the higher interest on deposits, they lose their savings, she said. Also, she warned that forgery banking companies should not be trusted. More or less 100 students of YRC took part.

Disaster Management Programme: 29.08.2023

The Youth Red Cross of Trinity College for Women, Namakkal, conducted a disaster management programme on August 29, 2023. Dr. T. Geetha, Assistant Professor in Tamil, Trinity College for Women, Namakkal, delivered the topic "The subtlety of facing the natural calamities" (இயற்கை பேரிடர்களை எதிர்கொள்ளும் நுணுக்கம்). She delivered lectures and presentations on copying mechanisms as well as techniques to strengthen the body and mind of the youth in natural calamities like floods, landslides, earthquakes, extreme temperatures, wildfires, etc. Nearly 100 students of Youth Red Cross participated.

Observation of International Missing Persons Day (30.08.2023)

The Youth Red Cross of Trinity College for Women, Namakkal, observed International Missing Persons Day on August 30, 2023. Dr. S. Jeyanthi, Assistant Professor in  Mathematics, Trinity College for Women, Namakkal, was the resource person.

More than 13 lakh girls and women went missing in our country during the period of 2018–2021. We must safeguard our female children. The police officials should be punished for trafficking women. Both governments (central and state) should also increase many welfare schemes for female children and make those supportive programmes more visible and accessible. Nearly 100 volunteers of YRC participated.